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## **EDAILY ESCAPE**

A Vacation for Your Brain

## THE CAVES

Negril, Jamaica

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Photograph by Island Outpost

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September 12, 2012

NEGRIL, JAMAICA

Your toes are on the edge of a 30-foot-high cliff face, and you stare down at the stunningly blue. Caribbean below. You jump. It's just one of the things that you feel compelled to do at The Caves, one of former music mogul Chris Blackwell's luxurious hotel properties in Negril. Its unique location, carved into 2 acres of cliffs along the Jamaican coast, may inspire other pursuits like dining in a candlelit grotto or enjoying a massage at cliff's edge.

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